

SEPTEMBER 2015

# POWERFUL PROJECT

# COURAGE

AGES 7 & UP

FIRST & LAST NAME: \_\_\_\_\_

This month we are talking about courage; the willingness to face fears and challenges with determination. When we get ourselves out of our "comfort zone" and move into the "courage zone," we can challenge ourselves to take healthy, smart, good risks so we can grow! Fill out the areas below. Determine what your "1 Tough Task" will be this month!

**The Courage Zone**

One job I'd like to try is: \_\_\_\_\_

One activity or skill I'd like to try is: \_\_\_\_\_

My "1 Tough Task" I will try this month is: \_\_\_\_\_

**The Comfort Zone**

1 job I feel comfortable doing: \_\_\_\_\_

1 activity I do often is: \_\_\_\_\_

1 skill I love to do is: \_\_\_\_\_

**POWERFUL  
WORDS**  
CHARACTER DEVELOPMENT