

## TEAMWORK

**Young students:** Together, we get the job done!

**Older students/teens/adults:** Working together as a group to achieve a common goal.

T.E.A.M. means Together Everyone Achieves More!

- WEEK 1** Teamwork defined: What is a team? What is teamwork?
- WEEK 2** Success & failure: How does sportsmanship and effort affect teams?
- WEEK 3** Leadership, strengths & lessons: How can I contribute & learn from the team?
- WEEK 4** Disagreements & compromise: When should I stand up vs stand strong together?



*Dear Family,*

This month we will focus on the powerful word; “teamwork.”

When a team works together, great results can be expected. Successful teamwork can shorten the time, divide the effort, and increase the morale of a group that is working towards a common goal.

Great teams accentuate strengths, compensate for weaknesses, and bring out the best in every member. Goal-getting just seems easier. Perhaps that’s why T.E.A.M. is said to stand for “Together Everyone Achieves More” or sometimes even “Together Everyone Achieves Miracles.”

We want all children to learn about the benefits of teamwork and effective teams. Of course, all teams do not guarantee the production of teamwork

nor do they always guarantee success. Sometimes teams can have toxic members, poor management or a negative culture.

Therefore while we must teach children the many positive functions of teams, we also must teach them when to speak up and challenge the culture of the team. Speaking up can be tough for anyone, especially children who just want to be accepted. Yet, this is a necessary practice for leaders.

Studies tell us that youth sporting activities tend to build initiative, teamwork, and ability to regulate emotions-- all vital skills that can serve them in future leadership roles. A study out last month shows that a simple game played together in sync on a computer led 8-year-olds to report a greater sense of similarity and closeness immediately after the activity

(PLOS ONE, Apr 2015).

“Synchrony is like a glue that brings people together,” says author Tal-Chen Rabinowitch. Synchrony occurs when people interact together in time. It’s a fundamental prerequisite for activities such as playing music, singing, dancing and rowing. We often see synchronicity in our own classes! We are thrilled to provide opportunities for students to exercise teamwork.

Thank you for your support. You are pivotal in helping to make our school one of the best personal development centers in the world.

Best Regards,

*—Your Motivated and  
Dedicated Instructors*

### UPCOMING POWERFUL WORDS

- |               |                 |
|---------------|-----------------|
| <b>JUNE</b>   | Trustworthiness |
| <b>JULY</b>   | Perseverance    |
| <b>AUGUST</b> | Courtesy        |